



Relational Practice

How to use the webinar for team dialogue

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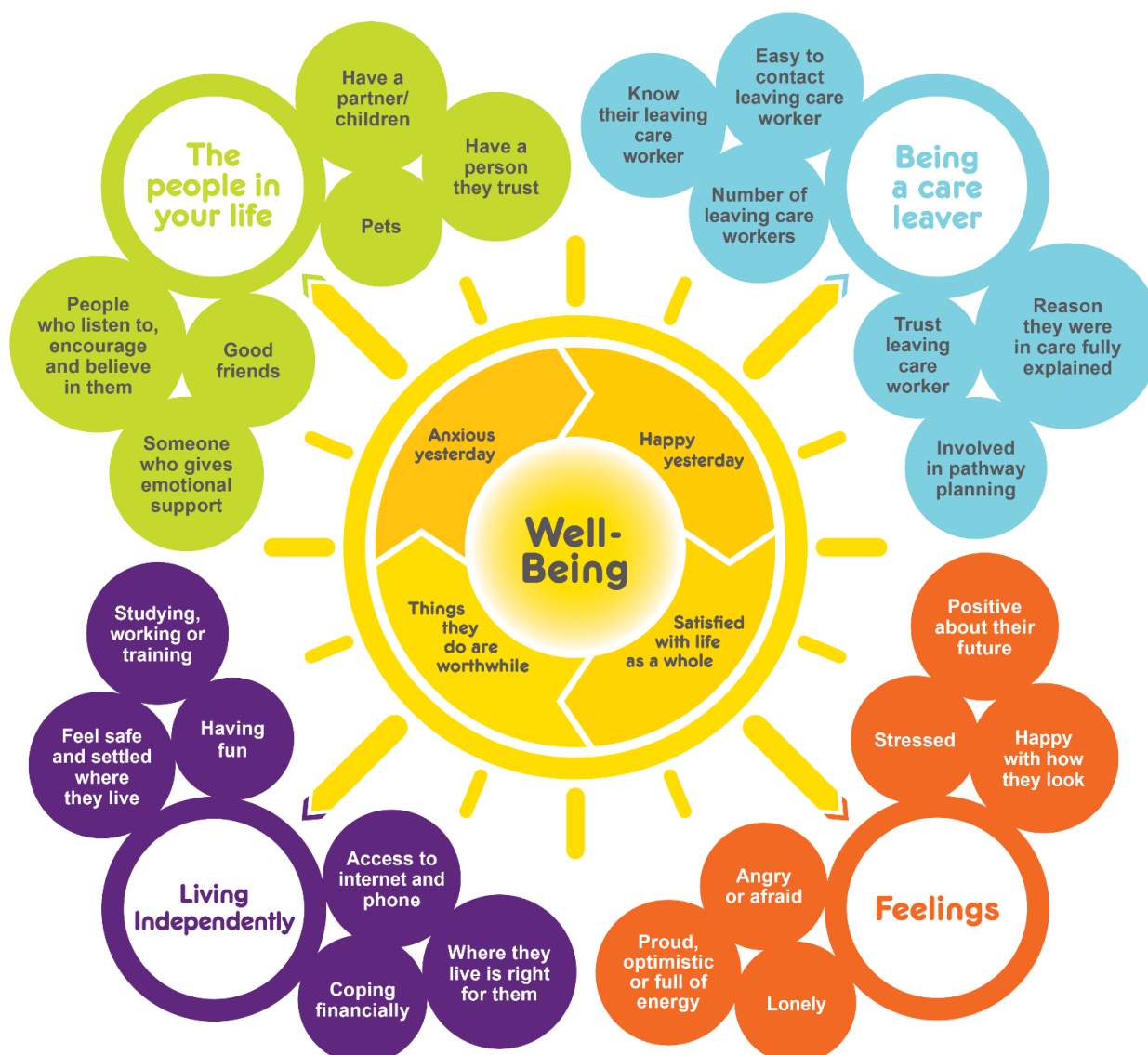
Here are some suggestions of how you can create conversations about Relational Practice in your team. We recommend 60-90 minutes. Sections 1 and 2 are ways into the conversation. You can then choose which other sections you'd like to explore.

1. Create a shared starting point for your conversation

Together with your team to watch part of the [recorded webinar](#) (start at 3:22 and finish at 22:22) to frame your conversation.

2. Reflect on the Bright Spots well-being indicators

Review the Bright Spots well-being indicator diagram and share any thoughts.



- Are there areas your care leavers say are going well?
- Which areas require improvement or more focus?

3. Explore 'What Makes Life Good'

Consider what makes life good for your young people. How do you know this? Is it based on feedback, long-term outcomes, or daily interactions?

4. Discuss youth voice and relationships

Evaluate how your team or service currently hears and responds to young people's views on their relationships. Is there space for conversations with them about loneliness, friendships and trusted adults?

5. Review support and endings

Reflect on how endings are negotiated if your support is finishing. Is there scope for continuing relationships if young people want this? How do you check what they value about their relationship with you?

6. Appraise relationship support

Appraise how your team / service nurtures and supports the relationships that care leavers identify as important to them (friends, family, carers, workers and others).

7. Explore further inspiring resources

Watch and discuss Laura Beveridge's TED Talk [Kids in Care: Let's Start a Revolution!](#), listen to a relevant podcast, or check out a young person's poem. You can find more ideas [here](#).

For more resources on Relational Practice, please visit our [website](#).